

Lower Mill High Season Timetable

Monday	0800 - 0900 Homeowner Adult-only Swim	0900 - 1000 Homeowner Family Swim	1000 - 1100 Family Swim	1115 - 1215 Family Swim	1230 - 1330 Family Swim* Length Swim**	1345 - 1445 Family Swim	1500 - 1600 Family Swim	1615 - 1715 Family Swim	1730 - 1830 Family Swim
Tuesday	0800 - 0900 Homeowner Adult-only Swim	0900 - 1000 Homeowner Family Swim	1000 - 1100 Family Swim	1115 - 1215 Family Swim	1230 - 1330 Family Swim* Length Swim**	1345 - 1445 Family Swim	1500 - 1600 Family Swim	1615 - 1715 Family Swim	1730 - 1830 Family Swim
Wednesday	0800 - 0900 Homeowner Adult-only Swim	0900 - 1000 Homeowner Family Swim	1000 - 1100 Family Swim	1115 - 1215 Family Swim	1230 - 1330 Family Swim* Length Swim**	1345 - 1445 Family Swim	1500 - 1600 Family Swim	1615 - 1715 Family Swim	1730 - 1900 Homeowner Only Swim
Thursday	0800 - 0900 Homeowner Adult-only Swim	0900 - 1000 Homeowner Family Swim	1000 - 1100 Family Swim	1115 - 1215 Family Swim	1230 - 1330 Family Swim* Length Swim**	1345 - 1445 Family Swim	1500 - 1600 Family Swim	1615 - 1715 Family Swim	1730 - 1830 Family Swim
Friday	0800 - 0900 Homeowner Adult-only Swim	0900 - 1000 Homeowner Family Swim	1000 - 1100 Family Swim	1115 - 1215 Family Swim	1230 - 1330 Family Swim* Length Swim**	1345 - 1445 Family Swim	1500 - 1600 Family Swim	1615 - 1715 Family Swim	1730 - 1830 Family Swim
Saturday	0800 - 0900 Homeowner Adult-only Swim	0900 - 1000 Homeowner Family Swim	1000 - 1100 Family Swim	1115 - 1215 Family Swim	1230 - 1330 Family Swim* Length Swim**	1345 - 1445 Family Swim	1500 - 1600 Family Swim	1615 - 1715 Family Swim	1730 - 1900 Homeowner Only Swim
Sunday	0800 - 0900 Homeowner Adult-only Swim	0900 - 1000 Homeowner Family Swim	1000 - 1100 Family Swim	1115 - 1215 Family Swim	1230 - 1330 Family Swim* Length Swim**	1345 - 1445 Family Swim	1500 - 1600 Family Swim	1615 - 1715 Family Swim	1730 - 1900 Homeowner Only Swim

Booking is required for all sessions, excluding homeowner swim sessions

*Family swim is in the indoor pool only | ** Length swim is in the outdoor pool only

Important Information

- Access to the pools is only available to homeowners and rental guests at properties with Leisure & Wellness access. If you are unsure if you have access, please speak to your rental agent.
- You must have your Leisure & Wellness pass with you on each visit. These can be found within your rented property.
- Please check in at reception before each session.
- Please note the session time includes changing time.
- All guests are required to book their swim slot in advance. Swim slots are released daily at 1030 for the following day.
- Please wait outside until your session start time. This is due to health and safety reasons. Please dress appropriately for the weather.
- The last entry is 30 minutes prior to the session end time.
- No food is to be consumed around the pool areas for hygiene reasons.
- No alcohol is to be consumed in the premises.
- Pushchairs are allowed on the outdoor pool only. All other pushchairs must be left outside the front entrance in the designated area.
- Slippers or flip flops that haven't been worn outdoors can be worn around the pool areas. Ball games are welcome – please respect other guests, we may ask you to remove the ball if it is impacting other guests' experience.
- No photography is permitted within the Leisure & Wellness Club.
- Please note that all bathers are responsible for themselves and their party.