



Lower Mill Spa - Useful information

Facilities

Please be aware that there are a limited number of pool slots at any given time. If the pools have reached their capacity, you will be asked to return at a later time. We do recommend avoiding 'peak times' such as 10 am and 4 pm and advise that a coffee and walk through Millstone Park is usually enough time for space to become available.

Please note: Pool opening hours of the pool do vary throughout the year.

Things to know

Access to the spa pools is only available to homeowners and to rental guests, with spa access, at a Lower Mill Estate property with spa access. If you are unsure please check with your rental agent.

You must bring with you the spa pass found within your property. This will allow you access and you will need with you to open the doors.

Towels and robes are available to hire at a cost from the reception if required.

The Sauna and Steam room are open; please note that children under the age of 14 are not permitted to use the Sauna or Steam room.

No inflatables will be allowed in the pools. Swimmers should bring their own equipment if required, including goggles, arm bands, and noodles.

Please note: we do not allow any food or alcohol around the pool at any time.

Pushchairs

For Prams and pushchairs, we have a designated covered area outside reception where you can leave them during your time at the spa.

Supervision Policy

The Lower Mill Spa facilities are not supervised, with this in mind supervision for minors is essential. All children under the age of 16 need to be supervised during their visit to the Lower Mill Spa. For children aged under 16, one adult (aged 18+ years) must be present poolside.

Mill Village Pool

Access to the Mill Village pool is available to all homeowners and guests staying at Lower Mill Estate. Our second outdoor pool, swim surrounded by trees at Mill Village outdoor pool, located next to the activity hub. This heated pool is 15 meters in length and is open from dawn until dusk all year round. A range of loungers and seating for those wanting to relax poolside. There is also a poolside sauna located next to the changing pavilion.

If you have any further questions, then please do not hesitate to contact the spa team on 01285 862640 or email us at spa@lowermillestate.net, we look forward to welcoming you to Lower Mill Estate.